

# Microsoft Forefront Online Protection for Exchange (FOPE)

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## Created:

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## What is FOPE?

Forefront Online Protection for Exchange (FOPE) is an internet-based service that protects Ohio Dominican's inbound and outbound email from spam, viruses, phishing scams, and email policy violations. This system replaces the previous Barracuda Spam Firewall.

## Spam Quarantine E-mail:

Customers will receive a message from [quarantine@messaging.microsoft.com](mailto:quarantine@messaging.microsoft.com) with the subject "Spam Quarantine Notification: 'X' New"

Dear [username@ohiodominican.edu](mailto:username@ohiodominican.edu):

You have new messages stored in your Spam Quarantine mailbox. Please go to <https://quarantine.messaging.microsoft.com/Main.aspx> and look at the spam that has been filtered for you.

Spam Quarantine filters out messages that look like junk mail, also known as spam, before they get to your regular inbox. You should periodically check Spam Quarantine in case a message that is not spam has been filtered out.

Messages left in Spam Quarantine for more than 15 days will be deleted automatically.

If this is the first time you have logged onto your Quarantine mailbox you should choose "Need your password?" and a message will be e-mailed to you which contains a URL for you to follow. Once you have that URL you will be taken to a page where you can specify your password for logging into the Quarantine web site.

For more information, please read the Spam Quarantine help page at <https://quarantine.messaging.microsoft.com/Help.aspx>

This service is provided by your company or ISP.

## Setting up FOPE / Accessing Quarantine (First Time)

1. Click on link <https://quarantine.messaging.microsoft.com/Main.aspx>
2. Click Need your password?



Microsoft  
**Forefront**  
Online Protection for Exchange

Sign in:

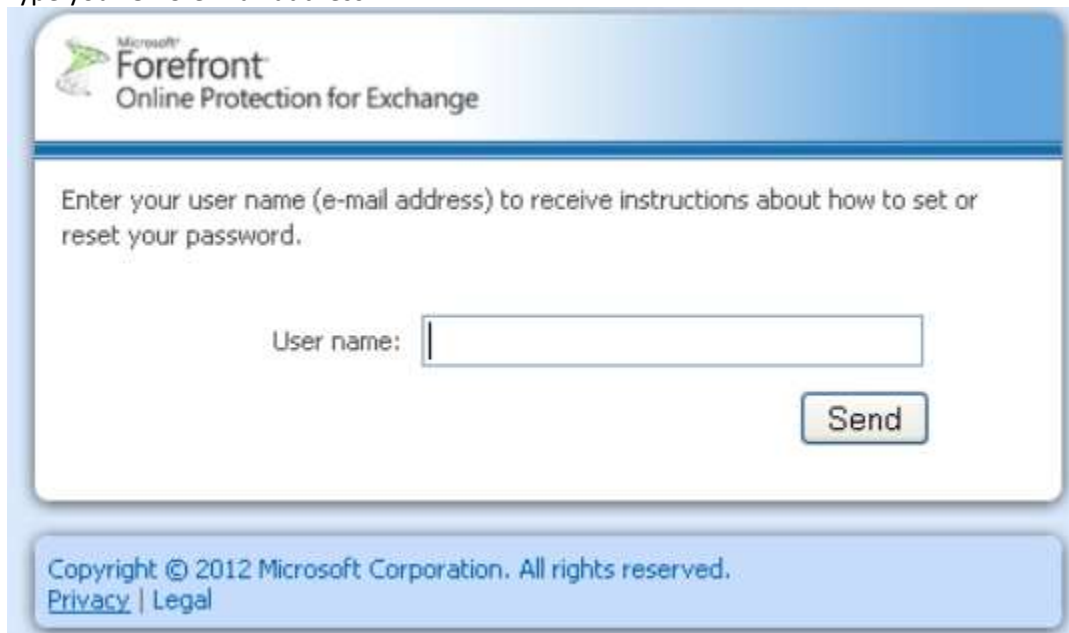
User name:

Password:

[Need your password?](#) | [Change password](#)

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3. Type your ODU e-mail address



Microsoft  
**Forefront**  
Online Protection for Exchange

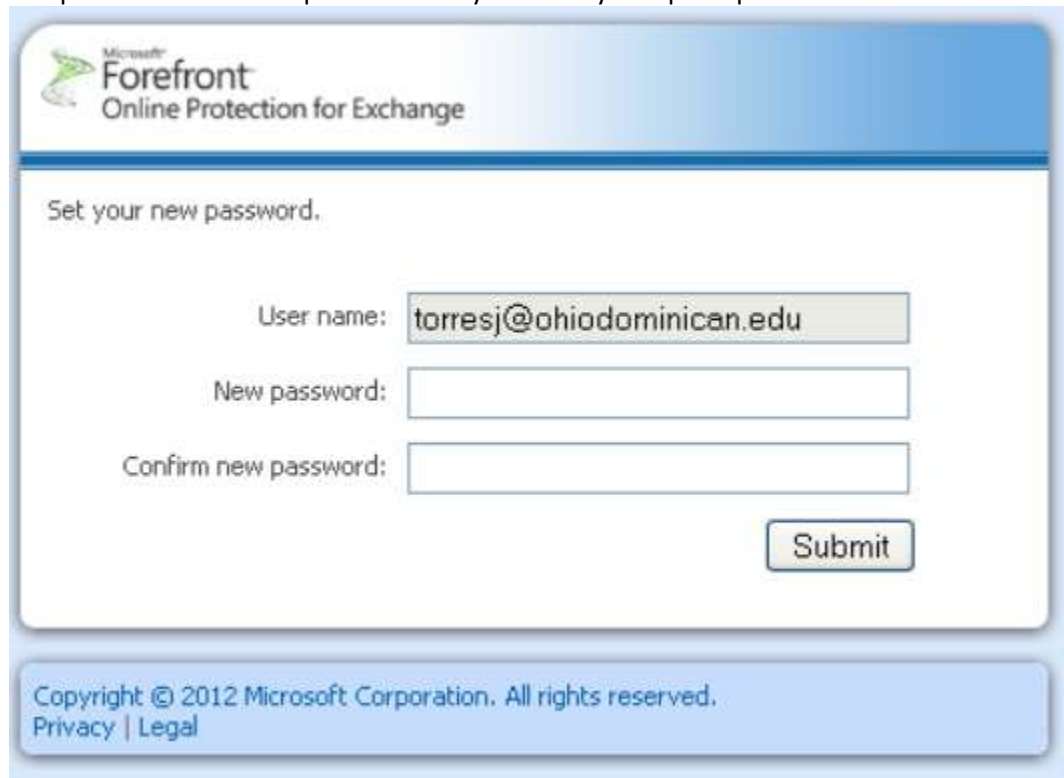
Enter your user name (e-mail address) to receive instructions about how to set or reset your password.

User name:

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4. Click Send
  - a. An e-mail with a password link is sent to your ODU e-mail address
5. Check your ODU e-mail
6. Click the Password Link
7. Create a new password

- a. This password will not expire and is only used for your spam quarantine



The screenshot shows the Microsoft Forefront Online Protection for Exchange interface. At the top, it says "Microsoft Forefront Online Protection for Exchange". Below that, it says "Set your new password." There are three input fields: "User name:" with the value "torresj@ohiodominican.edu", "New password:", and "Confirm new password:". A "Submit" button is located at the bottom right. At the bottom of the page, there is a footer that reads "Copyright © 2012 Microsoft Corporation. All rights reserved. Privacy | Legal".

8. Click Submit
9. Finished

### Using FOPE Quarantine:

1. Go to: <https://quarantine.messaging.microsoft.com/Main.aspx>
2. Log in with your ODU e-mail address and Quarantine password
3. Retrieving E-mails
  - a. Select the Check Box and click Move to Inbox
4. Deleting Quarantine
  - a. Select the Check Box and click X Delete

